



VOLUME 27, No. 2 November, 2005

Kent County Retired School Personnel Association
- Newsletter -

From Your President:

It was wonderful to see so many of you in attendance at our Fall Luncheon. We welcomed three new members who were able to attend; two others were not able to attend. Since then, one more has joined the ranks of membership!

If you noticed, we have a new logo, as seen in this issue of your *Newsletter*. Mrs. June Foster very willingly designed the logo, for which we are very appreciative. June will be our guest at the December luncheon, and at this time we will again show our thanks.

Mark your calendars and make your reservations soon for the December 1, 2005 Christmas Luncheon. We will meet at the Chester River Country Club, enjoy a holiday meal, and be entertained by the Galena Middle School Music Department. The Hospitality Committee will also add to the spirit with door prizes and an ornament gift exchange. (To receive a gift, bring one. Remember, you do not have to participate, but it's more fun when everyone does! Each member is asked to bring a Christmas ornament that costs no more than \$5.00, gift-wrapped, with your name included inside.) Sounds like an enjoyable game for all! Also, bring a canned goods item, to be donated to the Community Food Pantry. There are many families in need. Maybe we can help make their holiday dinners more enjoyable.

I look forward to a good attendance at this Christmas Celebration. Bring your spouse, a guest... anyone special to you.

May laughter, love, and cheer possess our hearts on Christmas Day and throughout the New Year!
MERRY CHRISTMAS!

Ann W. Sutton



Coming Events

- Dec. 1 - KCRSPA Christmas Luncheon
12 noon, CRYCC
- Dec. 7 - MRTA Board Mtg. (President)
- Dec. 11, 12, 13 - Chestertown Fire House-
Packing of the Lions' Club
Christmas Baskets (9 a.m.- 4 p.m.)
Notify Jean Foreman if/when
you can help!
- Dec. 15 - Kent County Superintendent's
Christmas Breakfast for KCRSPA
Members - KCHS - 8:30-10:30 a.m.
(Invitations forthcoming)



EXECUTIVE COMMITTEE MINUTES

The KCRSPA Executive Committee met at the Board Office Nov. 3, 2005. There were 12 members present.

President Ann Sutton called the meeting to order at 1:05 p.m.

Secretary Betty Freeman read the October minutes submitted by Jean Wright. Minutes were approved. A change in door prize donor schedules was made – Betty McIntyre will take December and Nellie Greenwood will do June.

Treasurer Jean Foreman handed out copies of the Treasurer's Report which showed a balance of \$1190.93 in the regular account and a balance of \$2130.14 in Scholarship/Savings account. Report was approved for audit.

Committee Reports as follows:

Archives

Chair Nellie Greenwood reported album up to date except for forthcoming Convention photos. Notify Nellie of any members' deaths so that she can record this in a special album kept for this purpose.

Cliffs School

Chair Dick Morlock reported that a second museum tour was held October 29, 2005 from 12-4 p.m. There were eight docent/helpers which included three teachers. Refreshments were available. Only two visitors showed up, probably due to conflicting activities the same day.

Community Service

Chair Jean Foreman gave special recognition to Frances Barrett for her impressive Community Service. Details of her report are in this *Newsletter*. Jean and Dick led a discussion on Memorial Plaque choices for Thelma VanSant's Memory Garden at Cliffs School. We have \$341.80 earmarked for this project. After much discussion, the Committee voted in favor of a 16' x 10' granite plaque, duly inscribed, to be installed on an angular base in the garden. Cost is \$175.00 plus installation.

Hospitality

Co-Chairs Betty McIntyre and Charlotte Gagalski reported that there will be prizes, poinsettia table decorations and a gift exchange at our Dec.1. They are requesting that each

member bring a \$5.00 - value Christmas ornament for this exchange..

Legislative

In his absence, President Sutton summarized Chair Ray Clarke's report. He attended the Board of Education Pre-Retirement Seminar, held on Sept. 29. Jeff Grafton, Supervisor of Human Services, conducted the seminar. He introduced Ann Sutton, who, with the aid of our display board, discussed retirement and the mission of KCRSPA and MRTA. Mr. Grafton's presentation included a video and a question-and-answer period. Plans are being developed for another pre-retirement seminar on Wed., Feb. 15, 2006. Ray and Ann also attended the MRTA Legislative day in Annapolis on Oct. 25. The program included the following topics: MRTA Health Benefits, The Health System, The Pension System, and The Duties and Responsibilities of the Treasurer's Office.

Membership

Chair Joe Massey reported a total of 92 members, which represents an increase of over 5%, qualifying our association for a monetary reward. With assistance, Joe will initiate a Directory up-date, using our new name and logo.

Newsletter

Chair Elaine Holden set a November 11 deadline for news items.

Program

Co-chairs Betty Simperts and Jean Wright have engaged the dining room at the Chester River Yacht and Country Club for our December 1 Christmas Party Luncheon, beginning at noon. The cost is \$14.00 per person. Entrée choices will be Baked Chicken or Flank Steak. Christmas music entertainment is pending at this time.

Scholarship

Chair Elaine Holden stated that our new logo will be displayed on the applications available to KCHS seniors applying for our scholarship. Application returns will be due in early May, 2006.

Sunshine

President Sutton has sent flowers to Frances Barrett, who is ill. She reported that Frances sent 6 birthday cards in September and 4 in October, and no "Get Well" cards.

Trips- Social Activities

President Sutton reported for Ruth Wilson. The Music Theater trip was well-received and everyone attending signed up to go again. Ruth has made reservations for center-stage seats for November 1, 2006. Due to some complaints, she will see if other lunch sources are available with this trip package.

President's Report

President Sutton reported that on Sept. 27 she attended the Leadership Conference held at Centreville Methodist Church. Also attending were Vice-President Betty Simpers, Community Service Chair Jean Foreman, and Membership Chair Joe Massey. Updates were presented concerning Medicare and Social Security. After lunch, attendees broke into groups according to the offices they hold.

Old Business

Invitations are coming for the Christmas Breakfast on December 15, 2005, hosted by the Board of Ed.

President Sutton will ask Ruth Brice to handle the Raffle Ticket Fund Raiser at our regular luncheon meetings.

New Business

Jean Foreman handed out craft material and, under her direction, we made turkey favors using brown pine cones and colorful construction paper for head and tail feathers. She will deliver them to a local nursing facility. The Lion's Food Basket sign-up sheet was passed around for help on December 12 and 13. A \$25.00 donation from our Association for food will also be given. Jean Wright made a motion that each member donate a canned good at our Christmas Luncheon for the Food Pantry. Elaine Holden seconded. Motion carried)

Betty McIntyre and Charlotte Gagalski will investigate suggested ideas for identifying members at our luncheon meetings (some kind of permanent ID pins or tags.)

The meeting was adjourned at 3 p.m.

Respectfully submitted,
Betty Freeman
Secretary

A Warm Welcome to Our New Members!

KCRSPA is proud to welcome the following new members:

Herman Gay ...KCHS

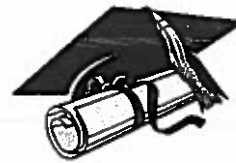
Cathy McCall ...CMS

Alta "Peachie" Moore...Millington

Cheryl Saunders...CMS

Ellen VanCulin...Millington

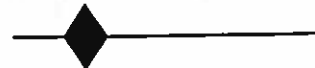
Marlene Vosburg ...CMS, Galena



KCRSPA Scholarship Update

Our Scholarship fund continues to grow, thanks to your continued support. Your contributions have been forthcoming, and we were able to add over \$200.00 to our fund through our bus trip on Nov. 2 to the American Music Theater's Christmas Show. It was a spectacular one! We plan to do it again, on November 1, 2006.

With your contributions and our fundraisers, (the bus trip and the 50-50 Raffle), our Scholarship will again be offered to a KCHS graduating senior who plans to enter the field of education. The advertisement and application forms have been delivered to the counselors at KCHS.



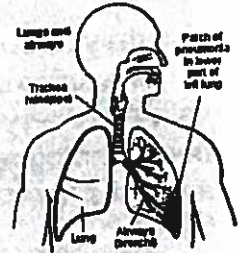
Avoid Pneumonia

Each year pneumonia strikes about 4 million Americans. It is the seventh leading cause of death in the U.S.

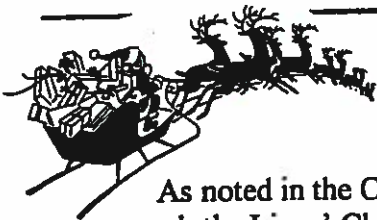
Because pneumonia is the most common complication of the flu, everyone over age 50 should get a flu shot. Persons 65 or older or if you have risk factors for pneumonia should get the pneumonia shot in addition to the flu shot. Risk factors include cardiovascular disease, cancer, sickle cell anemia, diseases that weaken the immune system or a previous case of pneumonia.

Other preventions:

✓ Don't eat or drink two hours before going to bed if you have chronic lung or gastric reflux disease. Lying down immediately after eating increases the risk you'll aspirate stomach contents while you sleep. This increases the risk of pneumonia.



✓ Wash your hands often throughout the day with soap and water for at least 15 seconds each time to curb your exposure to germs.



Volunteers Needed!

As noted in the Calendar of Events in this *Newsletter*, volunteers are needed to help pack the Lions' Club Christmas Boxes. This is a huge community effort, and an excellent time for us to add our help. If you are able to join in on December 12 or 13, please see the box below. Fill it out and mail to Jean Foreman, 8531 Broadneck Rd., Chestertown MD 21620. Thank You!

Name _____

Yes, I can help on _____ Mon., Dec. 12
_____ Tues., Dec. 13

Hours are 9a.m. to 4 p.m. Please indicate what hour you would like to work. _____

KCRSPA Community Service Report

I attended a Community Service workshop in September. As of to date we do not have a State Community Service Chairman. The MRTA is very pleased with all our volunteering hours. This year they would like for us to concentrate on an individual with volunteering hours. Also, concentrate on our KCRSPA Project which is the Cliff School and helping the Lion's Club with the Christmas Baskets. However, each volunteer will be recognized.

I learned that we could make favors for a Nursing Home during our executive meeting. So we made turkeys from pine cones and colorful construction paper. Each member glued on the head and some tail feathers while we are having our executive meeting. I will deliver the turkeys to a Nursing Home.

Richard Morelock and Jean Foreman served as docents for the Cliffs School during the Museum Tour on October 29, 2005. We are working on getting a plaque for the Memory Garden at the Cliffs School in memory of Mrs. Thelma Vansant.

Dates of Sunday December 11th, Monday the 12th, and Tuesday the 13th are the dates when the Lion's Club will need our help to fill the Christmas baskets from 9:00 A.M. until 4:00 P.M. Please call me or sign up if you can help. They really appreciate and look forward to our help.

In this news letter we are recognizing Mrs. Frances Barrett, a retired teacher and principal. Frances retired in 1978. She has been active in the Galena Senior Citizens where she was their leader. Now she enjoys being a Red Hatter and walks 3 miles most days. She faithfully sends her beautiful handmade birthday and get well cards to Kent County Retired School Personnel. She taxi her neighbors when needed. She delights in caring and participating in her two grand-daughters, Jenny and Susie's, activities. Frances Barrett received the Distinguished Graduate Award and has been recognized for her 50 years of service in the American Legion. Congratulations, Mrs. Frances Barrett.

So far, I have received 500 Community Service Hours. Many of you are volunteering so **Please Continue to volunteer and keep track of your volunteer hours.**

Name _____

What Did You Do?	How Many Hours?	How Many Hours With Our youth?
April, 2005		
May		
June		
July		
August		
September		
October		
November		
December		

Fill out and give or mail to Jean Foreman, 8531 Broadneck Road, Chestertown, MD.21620 or call 410 778 3098 or email jean@dmv.com. All Volunteer Time and Services must be in by March 1, 2006 in order to be recognized.

Jean A. Foreman, Community Service Chairman

Jean A. Foreman, Community Service Chairman

You Are Invited to a Festive Christmas Luncheon

Thursday, December 1, 2005, at noon

at the Chester River Yacht and Country Club

Holiday entertainment provided by Galena Middle School Music Department

Music, Door Prizes, Holiday Ornament Gift Exchange, 50/50 Raffle



Menu

Buffet will include:

Appetizer

**Entrees: Baked Chicken
Flank Steak**

**Rice Pilaf and
Chef's choice vegetables**

Dessert , Coffee and Tea

\$ 14.00 per person

*Bring a
Christmas
Ornament!*

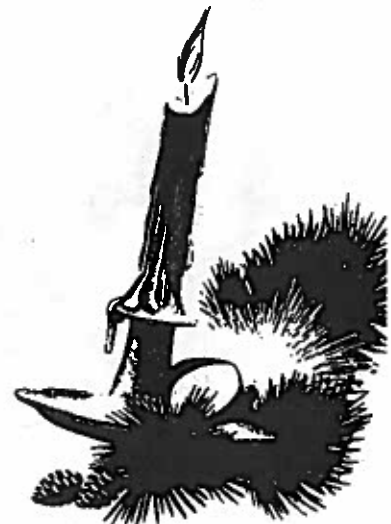
-----detach here to reply-----

**Please reply by November 23 to Betty Simperts, Box 191, Chestertown, MD,
21620 (410-778-3453)**

Name-----

Amount enclosed-----

Number attending-----





Kent County Retired School Personnel Association
Newsletter Ed: Elaine Holden
115 First Ave.
Betterton, MD 21610



Ann W. Sutton
P. O. Box 41
Chestertown, MD 21620